

ENJOY THE JOURNEY

SOARING UP..LEARNERS TODAY, LEADERS TOMORROW

What Students Learned Last Month In Guidance:

Kinder: The Kindergarten classes started learning about the Little SPOT of Feelings this month. For November, the classes either got to hear a special Thanksgiving SPOT book (with SPECIAL 3rd Grade readers helping me!) or they got to learn the Scribble SPOT song, watch the Scribble SPOT cartoon and make their very own Scribble SPOTS! It was a blast!

1st Grade: Mrs. Carrier's class continued learning about Friendship in November.

2nd Grade: In November, we discussed Kindness in celebration of National Kindness Day. We also did some activities with the AMAZING Remote Control and the students started coloring their remotes! They will have one for school and one for home to help remind them to get their brains back on the right "channel".

3rd Grade: Students finished up their Career lesson, talked about Kindness, created Thankful cards for their family, and started the Friendship lesson which we will continue into December.

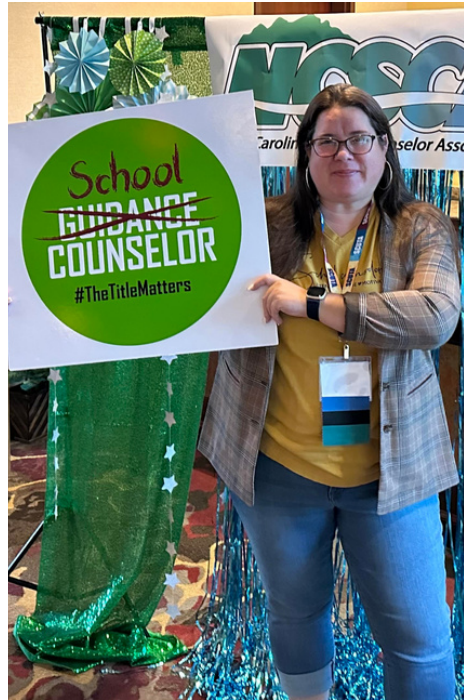
4th & 5th Grade: Students continued their Career Exploration Projects learning how to research careers, create SMART goals, create a GOOGLE Slideshow, learn brainstorming strategies, and practice public speaking (in front of the class).

What will be going on in Guidance Class:

- Finish Up Career Exploration Presentations
- Discussing Friendships
- Creating Christmas Cards for Nursing Homes
- Little SPOT of Christmas

All Guidance lessons meet the ASCA Mindsets & Behaviors Guidelines.

If you would like to know more specifics about any lessons please feel free to reach out to me.



The NCSCA Conference was AMAZING!! I learned so much and got so many great ideas to make the VLE School Counseling Program even more amazing!

I applied for and was awarded a grant from the Vass Lions Club! With it I was able to purchase new games to work on skills with students, Calm Strips to help students with anxiety, and Polymer Clay for students to create worry stones. I am so excited to get to put these amazing things to use.

Thank you Vass Lions Club for all you do!



CHECK OUT THE VLE WEBSITE FOR MORE INFORMATION

https://vles.ncmcs.org/parents/school_counseling